SAINT LUKE'S EPISCOPAL CHURCH



Thanksgiving Day Thursday, November 25, 2021 10:00 O'clock AM

SAINT LUKE'S: A USER'S GUIDE

Welcome to all who are worshiping with us today. If you are a visitor or a newcomer, please make yourself known to the priest or greeter and let us know if we can be of help to you. As we resume in-person worship, we ask that all follow the Diocese of Bethlehem COVID-19 Protocols for Gathering (Last updated: May 20, 2020.)

https://diobeth.org/wp-content/uploads/2021/05/DioBethProtocolUpdates-052021.pdf

General Guidelines

Indoor Gathering

To consider indoor gathering and worship, each parish should determine the following:

- Your county's 7-day Average New Cases per 100,000 to be less than 25 for 2 consecutive weeks
- The Vestry's consensus to open for indoor gathering/worship
- The agreement of the Rector/Priest-in-charge to open for indoor gathering/worship

Parish leadership should prayerfully consider these three elements and notify the Bishop in writing (email or letter) of any decision to gather indoors.

Fully Vaccinated People

The CDC considers people fully vaccinated:

- Two weeks after their second dose in a two-dose series, such as Pfizer or Moderna vaccines, or
- Two weeks after a single-dose vaccine, such as Johnson & Johnsons's Janssen vaccine

People who do not meet these requirements are not fully vaccinated and should follow "Guidance for Unvaccinated People."

Masking

Fully vaccinated people are not required to wear a mask while gathering. In gatherings that include both fully vaccinated and not yet fully vaccinated people, masks that fully cover the nose and mouth are recommended for all people.

Physical Distancing

Fully vaccinated people are not required to physically distance while gathering. In gatherings that include both fully vaccinated and not yet fully vaccinated people, all people are recommended to stay six feet apart from others who do not live with them.

Specific Recommendations

Singing

Congregational or choir singing among fully vaccinated and not yet fully vaccinated people should follow the "Masking" and "Physical Distancing" guidelines above.

Gathering Capacity

Indoor gathering capacity should be determined by the circumstance and space. For indoor gatherings that include both fully vaccinated and not yet fully vaccinated people, it is recommended that your gathering capacity be determined by applying the "Physical Distancing" guidelines above to your indoor space.

Eucharist

• The Celebrant should sanitize hands liberally and should wear a mask that fully covers their nose and mouth.

- The Sacrament should be received by the communicants in only one kind (the Bread).
- The Celebrant should be the only person who delivers the Bread to the communicants.
- The Cup should be received only by the Celebrant.



SAIN'T LUKE'S EPISCOPAL CHURCH Holy Eucharist -10:00 O'clock AM

The Reverend Rebecca A. Barnes, Priest-in-Charge Our Mission Statement

To spread the Gospel to all people through hospitality, service, and spiritual growth.

Thanksgiving Day

November 25, 2021

Broadcast Link: <u>https://www.facebook.com/St-Lukes-Episcopal-Church-Scranton-PA-</u> 215512459865/

(Please silence all cell-phones & digital devices until after the Service! Thank you.)

The Musicians of Saint Luke's

Ms. Janet Burgan, Soprano Ms. Maria Zengion (Organist and Choirmaster)

Hymns, in numerical order, are in the 1982 Hymnal; service music is listed on the service leaflet and may be found in the front of the 1982 Hymnal, with "S" before the number. "BCP" with a page number, refers to The Book of Common Prayer. The Collect of the Day, the First and Second Lessons, and the Gospel are on the bulletin insert

PRAYER BEFORE THE SERVICE

O Almighty God, *who pourest* out on all who desire it the spirit of grace and of supplication: Deliver us, when we draw near to *thee*, from coldness of heart and wanderings of mind, that with steadfast thoughts and kindled affections we may worship *thee* in spirit and in truth; through Jesus Christ our Lord. *Amen*.



PRELUDE

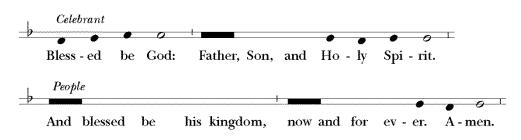
O Gott, wir danken deiner Güt

Heinrich Scheidemann (1595-1663)

PROCESSIONAL HYMN #290 Come, ye thankful people, come St. George's, Windsor All stand as the procession enters the nave.

(Copy write restrictions prevent printing of music from The Hymnal 1982)

OPENING ACCLAMATION



THE COLLECT FOR PURITY

BCP page 355

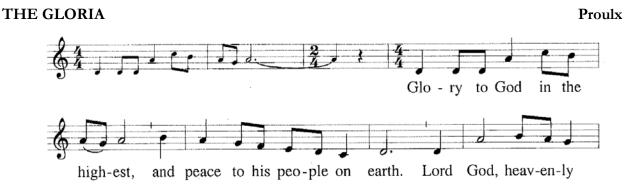
S71

The Celebrant may say

ALMIGHTY God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*



When appointed, the following hymn or some other song of praise is sung or said, all standing





Music: A Community Mass, Richard Proulx, © 1971, 1977, GIA Publications, Inc.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and gracious Father, we give you thanks for the fruits of the earth in their season and for the labors of those who harvest them. Make us, we pray, faithful stewards of your great bounty, for the provision of our necessities and the relief of all who are in need, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

All sit

THE LITURGY OF THE WORD

THE FIRST READING Joel 2:21-27

Do not fear, O soil; be glad and rejoice, for the LORD has done great things! Do not fear, you animals of the field, for the pastures of the wilderness are green; the tree bears its fruit, the fig tree and vine give their full yield. O children of Zion, be glad and rejoice in the LORD your God; for he has given the early rain for your vindication, he has poured down for you abundant rain, the early and the later rain, as before. The threshing floors shall be full of grain, the vats shall overflow with wine and oil. I will repay you for the years that the swarming locust has eaten, the hopper, the destroyer, and the cutter, my great army, which I sent against you. You shall eat in plenty and be satisfied, and praise the name of the LORD your God, who has dealt wondrously with you. And my people shall never again be put to shame. You shall know that I am in the midst of Israel, and that I, the LORD, am your God and there is no other. And my people shall never again be put to shame.

ReaderThe Word of the Lord.PeopleThanks be to God.

PSALM 126 In convertendo

Read in unison, the leader beginning with the first phrase and the people joining in the bolded text.

1 When the LORD restored the fortunes of Zion, * then were we like those who dream.

- 2 Then was our mouth filled with laughter, * and our tongue with shouts of joy.
- 3 Then they said among the nations, * "The LORD has done great things for them."

- 4 The LORD has done great things for us, * and we are glad indeed.
- 5 Restore our fortunes, O LORD, * like the watercourses of the Negev.
- 6 Those who sowed with tears * will reap with songs of joy.
- 7 Those who go out weeping, carrying the seed, * will come again with joy, shouldering their sheaves.

THE SECOND READING 1 Timothy 2:1-7

FIRST of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity. This is right and is acceptable in the sight of God our Savior, who desires everyone to be saved and to come to the knowledge of the truth. For

there is one God; there is also one mediator between God and humankind, Christ Jesus, himself human, who gave himself a ransom for all

-- this was attested at the right time. For this I was appointed a herald and an apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

Reader The Word of the Lord.

People Thanks be to God.



All standing



Words: Anna Laetitia Barbauld (1743-1825) Music: Dix, melody Courad Kocher (1786-1872); arr. William Henry Monk (1823-1889); harm. The English Hymnal, 1906

THE HOLY GOSPEL Matthew 6:25-33

All stand

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

JESUS said, "I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you-- you of little faith? Therefore do not worry, saying, `What will we eat?' or `What will we drink?' or `What will we wear?' For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well."

ReaderThe Gospel of the Lord.PeoplePraise to you, Lord Christ.

THE SERMON

All sit.

THE NICENE CREED

All Stand

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. BCP page 358

Mother Barnes

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE – A Litany of Thanksgiving

BCP page 836

The Leader and People pray responsively

Let us give thanks to God our Father for all his gifts so freely bestowed upon us.

For the beauty and wonder of your creation, in earth and sky and sea. *We thank you, Lord.*

For all that is gracious in the lives of men and women, revealing the image of Christ, *We thank you, Lord.*

For our daily food and drink, our homes and families, and our friends, *We thank you, Lord.*

For minds to think, and hearts to love, and hands to serve, *We thank you, Lord.*

For health and strength to work, and leisure to rest and play, *We thank you, Lord.*

For the brave and courageous, who are patient in suffering and faithful in adversity, *We thank you, Lord.*

For all valiant seekers after truth, liberty, and justice, *We thank you, Lord.*

For the communion of saints, in all times and places, *We thank you, Lord.*

Above all, we give you thanks for the great mercies and promises given to us in Christ Jesus our Lord;

To him be praise and glory, with you, O Father, and the Holy Spirit, now and for ever. Amen.

THE CONFESSION AND ABSOLUTION

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

THE PEACE

BCP page 360

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord. In an effort to observe social distancing when passing of The Peace, we ask that you please remain in your pew and exchange with those immediately near you or with a wave or bow.

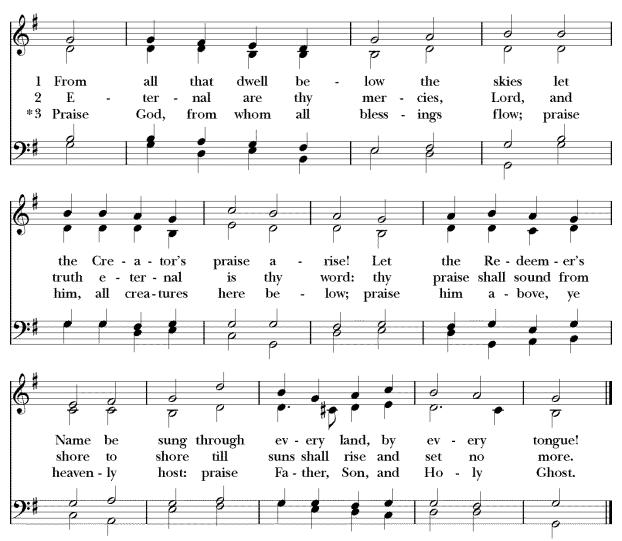
THE HOLY COMMUNION

OFFERTORY SENTENCE

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Ascribe to the Lord the honor due his Name; bring offering and come into his courts. Psalm 96:8

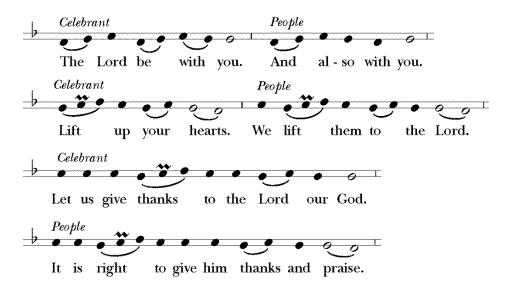
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Old 100<sup>th</sup>
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Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711)

Music: Old 100th, melody from Pseaumes octante trois de David, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?)

All standing.



Then, facing the Holy Table, the Celebrant continues with the Proper Preface:

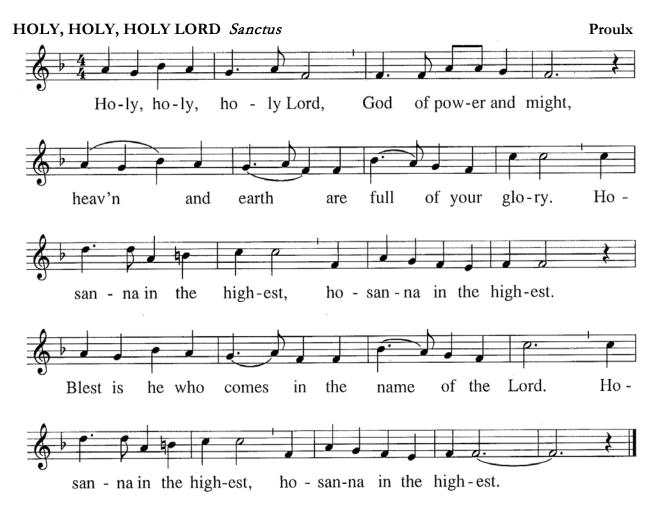
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Being; and we celebrate the one and equal glory of you, O Father, and of the Son, and of the Holy Spirit.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



S120



Music: A Community Mass, Richard Proulx, © 1971, 1977, GIA Publications, Inc.

The Celebrant continues

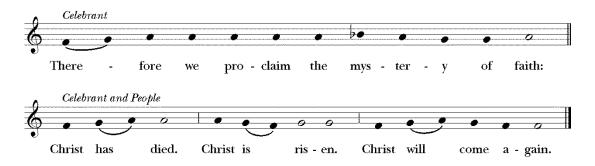
The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

MEMORIAL ACCLAMATION



We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



Music: A Community Mass, Richard Proulx, © 1971, 1977, GIA Publications, Inc.

THE LORD'S PRAYER (Traditional)

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. BCP page 364

And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

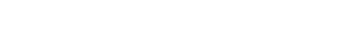
THE BREAKING OF THE BREAD

Celebrant:Alleluia. Christ our Passover is sacrificed for us,People:Therefore let us keep the feast. Alleluia.

A period of silence is kept.

THE FRACTION ANTHEM

A period of silence is kept



feed on him in your hearts by faith, with thanksgiving.

INVITATION TO COMMUNION *The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and

We welcome all baptized persons, regardless of age or denomination, to receive communion here at Saint Luke's. If you do not wish to receive communion, we invite you to come forward to a blessing. To show that you wish to receive a blessing, please cross your arms across your chest.

We invite those who are joining via livestreaming to make an Act of Spiritual Communion

https://news.forwardmovement.org/wp-content/uploads/2020/03/Spiritual-Communion.pdf



BCP page 364

Proulx

BCP page 364



Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: Rockingham, melody from Second Supplement to Psalmody in Miniature, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816)

POST COMMUNION PRAYER

BCP page 365

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. *Amen.*

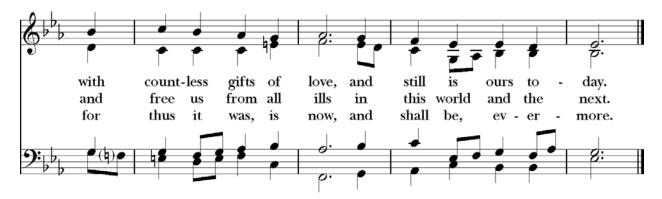
GREETINGS AND ANNOUNCEMENTS

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

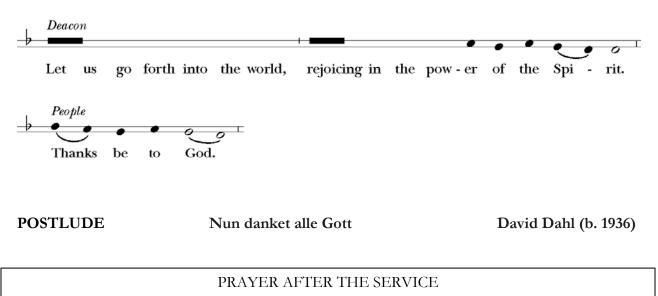


BCP page 339



Words: Martin Rinckart (1586-1649); tr. Catherine Winkworth (1827-1878), alt. Music: Nun danket alle Gott, melody Johann Cruger (1598-1662); harm. William Henry Monk (1823-1889), after Felix Mendelssohn (1809-1847)

THE DISMISSAL



Grant, we beseech *thee*, Almighty God, that the words which we have heard this day with our outward ears, may, through *thy* grace, be so grafted inwardly in our hearts, that they may bring forth in us the fruit of good living, to the honor and praise of *thy* Name; through Jesus Christ our Lord. *Amen*.

The candle beside the Ambry, in which the Blessed Sacrament is reserved, has been given in loving memory of Susan Fessenden by the O'Hearn Family.

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S174

SPECIAL MINISTERS

Thursday,10:00 am: D. Kraus, A. Wrazien (Altar Guild); TBD (Ushers); D. Kraus (Lector); S Sollami (Intercessor).

***Servers are needed at every service:** If you are interested in serving, please contact Mother Barnes. A sign-up sheet for the month may be found in Israel Lounge.

THIS WEEK AT ST. LUKE'S

Welcome to St. Luke's as we return to in-person worship! Live streaming and zoom gatherings continue from St. Luke's. Please join us on our <u>Facebook page</u> for the streaming of the services. **(Note: if you are NOT a Facebook member, when you click on the link it will ask you to sign in or create an account, which you can ignore and just scroll down the page a bit till you see the service.)

Click <u>here</u> for a copy of the Book of Common Prayer!

Click <u>here</u> for a copy of Enriching Our Worship 1. This contains supplemental liturgical materials (i.e. Canticles) we occasionally use for Morning and Evening Prayer.

Daily Office: Morning and Evening Prayer – Morning Prayer at 9 AM; Evening Prayer at 5PM are live-streamed on Sunday; Tuesday through Saturday morning.

Please note: On Saturday, May 22 we resumed in-person worship. Going forward, we will continue to stream our in-person services at St. Luke's, as well as the Daily Office, as scheduled below.

THURSDAY, NOVEMBER 25 – THANKSGIVING DAY (USA)

- Morning Prayer
- 10AM THANKSGIVING DAY EUCHARIST (streamed on our parish Facebook page)
- Evening Prayer
- 5:30PM CENTERING PRAYER: Our ongoing group meets each Thursday at 5:30 BOTH IN THE CHAPEL AT ST. LUKE'S AND ON ZOOM. All are welcome to join in. To access the "zoom chapel" click <u>here</u>. Click <u>here</u> for a brochure on *The Method of Centering Prayer*. Please note there will be no Centering Prayer this week.

FRIDAY, NOVEMBER 26 – SOJOURNER TRUTH

- 9AM Morning Prayer (streamed on our parish Facebook page)
- 5PM Evening Prayer (streamed on our parish Facebook page)

SATURDAY, NOVEMBER 27 – FERIA

• 9AM – Morning Prayer (streamed on our parish Facebook page)

ANNOUNCEMENTS & UPCOMING EVENTS

► Every Perfect Gift - Annual Stewardship Campaign: On Sunday, October 3, 2021, we will launch our Annual Stewardship Campaign. On Sunday, November 28th, we will have the ingathering of pledges, and a potluck luncheon following the 10AM Eucharist. The program we will use this year is an ongoing year-long program offered through The Episcopal Network for Stewardship (TENS). TENS has chosen "Every Perfect Gift" as the theme for 2021.

► Advent Wreath Workshop – Sunday, November 28: On Sunday, November 28, following our Stewardship Ingathering Potluck luncheon, we will have a multigenerational advent wreath workshop. There will be the opportunity for all to make an advent wreath to take home, followed by a blessing of the wreaths. Devotional materials for home use will be provided to help us and mark the season and prepare our hearts for Christmas and the coming of the Christ child. A suggested \$20 donation is requested to cover supplies; scholarship is available by speaking with Mother Barnes.

Advent Preparing to Become Beloved Community: Wednesdays in Advent, 7PM

Advent is a season of preparation: shopping for gifts, decorating our homes and sanctuaries. Advent is also a time to prepare our hearts and communities for the coming of Christ, the Almighty God who came among us poor and homeless, a stranger and a child. There may be no better time to reflect on how we as the Episcopal Church embrace the Holy One who continues to draw near in the neighbor, the stranger, the refugee, or the one who seems most "other" to you. It is the ideal season to commit to becoming Beloved Community and growing loving, liberating, life-giving relationships across the human family of God. Join us as we gather for a time of lighting the Advent wreath, prayer, reflection on Advent texts and conversation.

► Upcoming Concerts

Arcadia Chorale: Angels, Shepherds & Animals, Oh My! December 5, 2021 3:00PM

Celebrate the holidays with this exciting choral program focusing on the observers of the baby in the manger. Our Christmas presentation plans to be a beautiful and colorful concert. ArcadiaChorale.org

St. Luke's Piano Dedication Concert: Sunday, December 19, 2021 3:00PM

St. Luke's celebrates the dedication of our 1994 Steinway Model B Grand Piano! The concert will feature pianist Ron Stabinsky and violinist Sophie Till, and will feature Mozart's Violin Sonata in C Major, K 296, Schnittke's Violin Sonata No. 1 for Violin and Piano, Schubert's Fantasy for Violin and Piano in C Major, D 934, and Ravel's Sonata No. 2, M. 77.

In a Pastoral Emergency, please contact—The Reverend Rebecca A. Barnes, Priest-in-Charge at 646-533-1836 or via e-mail at <u>mthrbarnes@gmail.com</u>. If you, or a family member, are in the hospital, a health care facility, or are home bound and would like to have a visit from Mother Barnes or a member of our Pastoral Care Committee, please contact the parish office. Due to the Health Insurance Portability and Accountability Act, commonly known as HIPAA, hospitals no longer automatically provide churches with the names of admitted parishioners. If you or a family member are hospitalized or in a health care facility someone acting on your behalf will need to notify the church in order to assure that proper pastoral care may be offered. St. Luke's church complies with all HIPAA requirements and cannot provide personal information for sick or injured members without permission of the member or his or her close family member. Additionally, if you or a loved one are hospitalized or homebound and desire regular Eucharistic visitation, please notify the parish office. Eucharistic Visitations are customarily made once per month; weekly visits may be scheduled upon request.



"Every generous act of giving, with every perfect gift, is from above..." James 1:17, NRSV

November 13, 2021

Dear St. Luke's parish family,

Every message about our pledge campaign begins with Gratitude, and I am so very grateful for all the ways that this community has met the challenges of this year and found common ways to share a community of love and joy with our neighbors. Thank you.

Our campaign theme this year is about Every Perfect Gift, and reminds us how everything that we receive and everything we give comes from God. In our priest's letter to us recently, she focused our attention on the gift of Time in the trifecta of *Time, Talent, and Treasure.* I would like to highlight the gift of Talent.

Talents, the blessings with which we are imbued by our Creator, are even more beautiful when they are freely given, as I have seen you do so often in our life together. Talents are a double gift – by Grace you have received them, by Grace and you generously share them.

"Well I am not talented! What can I give?" some might say. But you are, each of you, wonderfully gifted. I have heard it in the voices of our musicians and of those loud singers among you – angelic! I have appreciated your talent in the way you give your wisdom, counsel, and experience to our committees, and guilds! We see it manifest in the way you raise your families and teach your children to be loving! I have tasted your talent in meals left on doorsteps and treats shared at coffee hours and potlucks! Each of you has something you do well, and I am grateful that you share those talents with our community and our neighbors.

As you receive your pledge materials this year, and learn more about Every Perfect Gift, please know that your guidance and support are deeply appreciated by me and by this community. I thank you for sharing your gifts with us.

Sincerely, Mickey Baccoli, Sr. Warden





We live wonderful lives. This is as much a practical statement as it is a theological one. I am not suggesting, by any means, that we do not suffer, that everyone lives with the same opportunity or freedom, or that we do not have personal and societal trials that we must endure. We all suffer, we all participate or live in systems of oppression, we all have hard times. But in the cosmic scale of time and place, our lives are full of moments of connection, tears of joy, kindnesses from others, occasions of celebration. We are rich with blessings.

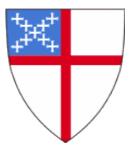
Thanksgiving Day is a day to recognize the blessings we share, no matter the simplicity of our table, or who is gathered or not gathered around it. Matthew's Gospel reminds us that no amount of regret or worry can add to our lives, today is not a day to enumerate unfulfilled wishes. It is a day to consider how God takes care of us. Jesus invites us to consider the sparrow, the grass, the lilies – all who live their lives giving glory to their Creator without anxiety about accumulating or adorning. We, like those lilies, grasses, and birds receive blessing out of proportion with our input. We are blessed because we are God's, created to love and to be loved.

Is the gravy lumpy this year? Did the Detroit Lions lose their annual game? Are the sweaters that Mom makes us wear to dinner today itchy? Worry not. You are richly blessed. You who gather in body or in

spirit share a meal and good conversation. You are loved by an audacious God who cares for you without measure or equal. After the meal, as you contemplate a second slice of pie, I invite you to reflect on how you might love as abundantly as God does. How might you ease the anxiety of others, sharing from your abundance? How may you be a blessing to others as God has blessed you? | ^{togs.org}

QUESTIONS FOR REFLECTION

Does your Thanksgiving Tradition include a time to reflect on the blessings you have received in the year? If it doesn't, what would it be like to incorporate such a practice in the ritual of your meal?



ST. LUKE'S EPISCOPAL CHURCH "In the heart of things"

The Rev'd Rebecca A. Barnes, Priest-in-Charge

Ms. Maria Zengion, Organist and Choirmaster

The Vestry Mickey Baccoli, (2022—Senior Warden), Rick Ammenhauser (2024 —Junior Warden), Jane Merolla (2023—Treasurer), Kathy Selemba (2022—Clerk), Francis McMullen (2024), Bernard Ott (2022), Jeremy Rich (2024), Sharon Sollami (2023), and Amanda Wrazien (2023).

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